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THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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July 19th & 26th

Welcome to our fortnightly newsletter

Sunday 19th - Community service at 9.30am at St Swithun's Church, Sandford with Laura leading on the theme of St Swithun our patronal saint. We are delighted that members of Shobrooke church will be joining us since we have St Swithun in common.

Sunday 26th - Communion Service at 9.30am at St Swithun's Church.

If you should want different times or styles of service anywhere in the Crediton and Upper Creedy Valley churches, details can be found in the Hub Post.

--- Diary Dates ---

Home Groups - Home groups are winding down for a summer break. Thanks to those who prepare and lead them and to those who host and provide refreshments.

Monday 20th - Sandford Storytellers take the final assembly at Sandford School for this school year. Thank you again to everyone on the team who bring bible stories alive to each new generation of Sandford children.

Wednesday 29th at 7pm - PCC meeting in the Under Gallery of St Swithun's. If you have any items you would like discussed under AOB, please let Jean know.

Coffee and Company on Wednesday mornings between 10.30am and 12. Come and enjoy lush home made cakes and convivial company over a cuppa. On

Wednesday 22nd we have a visit from Rodney from Bristol who will play some organ pieces during the morning.

Reflective Friday Prayer 10.30am - 11am when we use readings, music, silence and prayers to still our hearts and minds before God. Please let Elizabeth or myself know if you have any prayer requests, we love to pray.

--- Community news ---

Jeremy's Sponsored walk - or is it a mini marathon? On the weekend of **August 1st/2nd**. Jeremy is walking 62 miles to visit all 27 of the churches within the Crediton

and Upper Creedy Valley to raise funds to support the newly licensed Team Ministry.

He starts at 7am at Lapford on Saturday and finishes at 8pm at Morchard Bishop on Sunday. He has set up a [gofundme](#) page and asks us to donate so much per mile. Go online or add your name to the sponsor form at the back of church. **All that we raise will reduce Sanford's share towards the Admin/Website costs.** Jeremy would be delighted if anyone wants to do part of the walk with him so a detailed itinerary is pinned up in the porch.

August 16th - On Sunday afternoon we have a special concert with the former Mandolin Orchestra of Devon and our own local Sanford Sings choir. Details to follow but save the date for this unusual musical event.

St Swithun's notelets - Churchwardens do have a life outside their church duties! Paul likes to sketch and has drawn a beautiful copy of St Swithun's church which he has turned into packs of notelets, for sale at £5 per pack. Thank you Paul!

Gallery curtain - Huge thanks to Sally who has neatly fitted a curtain on the stairs to the Gallery. This is particularly useful in winter as it keeps the heat in the under gallery and stops it escaping upstairs. Sally also volunteers her sewing skills to the Cathedral on a Thursday, do ask her about it.

DHCT - Devon Historic Churches Trust is a charity that helps support church buildings in Devon. We have been glad of a number of grants from them in past years and do try and fund-raise for them each year. The Trust is looking for a volunteer from the Cadbury Deanery area to join their board of trustees and thus be able to proffer knowledge of this mid Devon area. Please think if you would like to volunteer for this role, or ask someone you think might be interested in helping.

--- And Finally ---

The unseasonally hot weather has been on every one's minds over the last few weeks. Whether it is a matter of how to keep yourself and family and home (and animals) cool or realising your water butts are empty though plants in the garden are crying out for water. Wryly noting the 'hydration breaks' during the World Cup matches or being horrified at the wild fires affecting not just the UK but swathes of Europe.

At General Synod recently, a new teaching document addressed this very theme, titled Hope for all Creation: a Theological Response to the Environmental Crises. It argued that care for creation is not an optional concern but is a core part of Christian discipleship and mission. You can read the full findings on the Church of England website.

Meanwhile, when you think about it, there are lots of little tweaks each of us can make to our daily habits to conserve, reuse, preserve and protect our bit of the environment. Perhaps we should make a list at church?



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