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THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

Clergy: Revd. Janet May 01363 779363 janetmay69@gmail.com

Nov 2nd & 9th 2025

Welcome to our fortnightly newsletter

Sunday 2nd November - Beacon Church, New Buildings for a communion service at 8.30am.

Sunday 2nd November - St Swithun's Church, Sandford for a communion service at 9.30am.

Sunday 9th - St Swithun's Church, service of Remembrance at 10.00am followed by the civic Act of Remembrance in the Square at 10.50am.

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates ---

Monday 10th - Sandford Storytellers leading an assembly at Sandford School.

Advent courses and Home Groups - A 4 week study course will be running in Sandford during Advent.. *Even if you already belong to a Home Group, please let Tiffany (northcreedy1@gmail.com or 01363 779363) know if you would like to follow this Advent course, so she knows how many booklets to order.* There will be both a daytime and evening group happening locally, as well as groups following the same course in other parts of the Crediton Hub on different days, so everyone can be catered for. If you have never been on a bible course before, why not try this one?

Every Wednesday 10.30am to 12 - Coffee and Company. Come and enjoy scrummy home made cakes and convivial company over a cup of coffee or tea.

Every Friday 10.30am to 11 - Contemplative prayer when we use music, silence and words, and together still our hearts and minds before God. If you have a family or situation you want prayer for, let us know. It's what we do.

--- Community News ---

Remembrance in the churchyard - It is always a moving time in the Square when the 43 names of those from this parish who gave their lives for their country in the last two world wars are read out. 14 of them have graves and memorials in St Swithun's churchyard and 3 in the church. This year we will be placing a small cross with a poppy by each one, we *will* remember them.

Thank you for your generosity - After expenses, the Parish Harvest Supper raised £1101.02 for the Church Path Fund. Beacon Harvest auction raised £441 which was split between FORCE and MND. And St Swithun's harvest service raised £150.50 for the Crediton Food Bank as well as a generous donation of groceries.

Thank yous - So many people volunteer to do things, apart from the PCC.

Thank you to those who draw up rotas - Linda G, Rita and Linda BS.

Thank you to Stephen for keeping the paths weed free.

Thank you to all those who bake cakes or set up and host Coffee and Company on our wonderful Wednesday mornings.

And a very big thank you to our special team of ministers who take services on a Sunday morning, here and at Beacon. To Janet firstly, please keep praying for her recovery. To Jeremy and Stephen. To Laura and Antonia our lay ministers.

To those we see occasionally like Matthew and Michael. We are extraordinarily blessed.

Safeguarding - The Church takes very seriously the matter of both Child Protection and Adult Safeguarding. If you have concerns about a child, whether that be regarding physical, sexual or emotional abuse or neglect, please speak to the Safeguarding rep at Church (Colin Clark) to discuss your concerns - or call the Multi Agency Safeguarding Hub on 0845 155 1071.

If you are worried about a person over 18 who may be at risk of exploitation or abuse, or who is vulnerable and needs some help due to physical or learning disability, incapacity or ill-health, again please discuss your concerns with Colin or call Care Direct Plus on 0845 155 1007.

It is better for several people to mention something and raise concerns than for no-one to speak out and a child or adult not receive the support they need.

--- And finally ---

We are kept aware of the Ukrainian struggle for peaceful existence because Elizabeth and Sandra continue to deliver anything we donate to contacts like Joe at Shobrooke who drive out there when there is a van full. The awareness of the danger in this was brought home to all the team when in June this year Annie Lewis-Marffy from Silverton who was driving the van was killed in the Donbas region by a Russian drone.

The memorial service for her life took place in Silverton a couple of weeks ago. Please pray for her family and continue to pray for a desire for peace in the hearts of those who make war.

Meanwhile Elizabeth continues to collect medicines, including those past their best-before date. Also items for babies and children - dummies, Calpol and Sudacrem are very acceptable. And as winter approaches, scarves, hats and gloves are always welcome.



Our mailing address is: pccsandford@gmail.com

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St Swithuns · St Swithuns Church · Church Street, Sandford · Crediton, Devon EX17 4ND · United Kingdom

