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# THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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## September 14th & 21st 2025      Welcome to our fortnightly newsletter

**Sunday 14th - 9.30am Communion service at St Swithun's Church.**

**Sunday 21st September - 9.30am Creationtide service at St Swithun's.**

**Laura Armstrong will be leading and asks us all to bring something for the creation table. A flower, a stone, a leaf, fruit, anything natural - provided it doesn't try to crawl, fly or wriggle away!**

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

### --- Diary Dates ---

**Monday 15th at 3pm** - This term Sandford Storytellers are dramatising some of Jesus' parables for Sandford School assemblies. If you or anyone you know has a thespian streak and would like to be involved in these dramas, please speak to Jean.

**Wednesday 19th at 2pm** - The funeral of Allen Isaac at St Swithun's.

**Thursday 18th at 2.30pm** - The PCC meet in the Under Gallery. Please let Linda G have any items for the Agenda.

**Thursday 18th at 7.30pm** - The evening Home Group recommences, meeting at Stephen and Fiona's home in Crediton. The daytime one is still taking a break and hopes to start again in December for the Advent study.

**Wednesday 24th at 7.30pm** - The Well is back at Holy Cross. This is a time to worship and wonder in a different way and experience the power and presence of God.

**Thursday 25th at 11am** - Communion at Summerhayes. Sandra would be delighted if anyone wanted to join her.

**Every Wednesday 10.30am to 12 - Coffee and Company.** Come and enjoy scrummy home made cakes and convivial company over a cup of coffee or tea.

**Every Friday 10.30am to 11 - Contemplative prayer** when we use music, silence and words, and together still our hearts and minds before God. If you have a family or situation you want prayer for, let us know. It's what we do.

### --- Community News ---

**Hospiscare Coffee Morning on Wednesday 3rd** - Thank you to all who helped, hosted and came to the coffee morning. An amazing total of £202 was donated and passed on to the charity Hospiscare.

**Parish Harvest Supper Saturday October 4th** - It's impossible to 'over sell' this event - delicious food and plenty of it and wonderful company! Tickets are £15 for an adult and £8 for children under 12. Do think of who you might like to invite, maybe someone who rarely gets out or who is new to the area? Roy is the ticket holder and will be glad to take your money! Or they will be on sale at the shop.

**BBC Harvest Songs of Praise on Sunday 21st at 2.15pm** was recorded at Ian and Debbie Pinhey's farm near Wembworthy. Debbie's parents are Val and Andy Miller at New Buildings and for the record, Debbie is every bit as musical as her mum!

### --- And finally ---

Harvest time of year. And I've been particularly aware of farmers recently as large tractors with loaded trailers trundle through the village at all hours of the day and night. We know this has been a tough year for every type of farming. As the signs say, *'No Farmers, no food!'* And we all need food.

Having spent 2 glorious weeks in the summer with my farming sister in Canada, it was clear that sensitivity and awareness of food and farming is much more acute there since President Trump initially placed very high tariffs on Canadian products. A sign on the back of a laden trailer read, *'When you stop eating, I'll get off the road.'* On supermarket shelves little red maple leaves were placed next to each price to indicate that the item was produced in Canada. The support for local food producers was high and these were the products people chose.

As yet again our DEFRA minister has changed (the 10th in 10 years!), pray for farmers, food producers, hospitality outlets and all those who make decisions about food and rural affairs. That informed decisions value the land, animals and all who live and work and eat there. That God's creation is honoured and stewarded wisely at every stage.

You don't need to be a Christian to say *Amen!* to that.



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