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THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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May 2025

Welcome to our newsletter

Sunday 11th - VE Day commemorative service at St Swithun's Church, Sandford at 11.15am

Sunday 18th - Morning Praise at St Swithun's at 9.30am

Sunday 25th - Communion service at St Swithun's at 9.30am

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates for May ---

Sunday 11th from 2 - 5pm - Bert and Margaret Jewell are opening their wonderful garden at 4, Golden Joy, Crediton in aid of Hospiscare. Do go along and enjoy!

Monday 12th - Sandford Storytellers are dramatising a bible story at Sandford School Assembly.

Tuesday 13th at 11am - Communion at Summerhayes Residential Home. All welcome to join Janet there.

Wednesday 21st at 7.30pm - The Well at Holy Cross Church, Crediton. If you have not tried this special time of refreshing when God's presence is powerfully and gently felt, I would encourage you. Huge thanks to Sam and Exeter Network Church who lead these sessions.

Thursday 22nd at 2.30pm - PCC meeting in the Under Gallery at St Swithun's.

Thursday 29th - Communion at Summerhayes.

Coffee and Company every Wednesday from 10.30am to 12 - Bring a friend and make new friends while enjoying tea/coffee and lush home made cakes.

Contemplative Prayer - every Friday from 10.30am to 11am. A mindful oasis of peace.

--- Keep these dates free ---

June 21st - Millennium Green celebrations. St Swithun's are running the tea tent so we will be looking for offers of cakes and help nearer the time.

July 25th - Nigel and Tina Guthrie are bringing us an evening of musical joy with a concert. Don't miss it!

--- Community News ---

APCM - The best news that came out of the APCM was that we now have two Church Wardens! Paul West was elected to assist Chris Tucker to a huge round of applause. There are paper copies of the 2024 Report at the back of St Swithun's or you can ask Linda Griffin our secretary to email you a copy.

Rotas - Is there a volunteer willing to draw up the monthly Sunday rotas? Please talk to Linda G if that could be you, it is only a few hours a month and she would like to pass that role over.

Plant Sale - Thank you to everyone who provided plants, cakes and help for our Plant and Cake Sale - and to Richard for his stall of hand carved wooden items. Thanks too to everyone who came and bought plants, drank coffee and ate luscious cakes. We raised just over £900 towards our New Path fund. What an extraordinarily generous place Sandford is!

Peter Allsop - The choir are collecting donations to put a plaque on the organ as a tribute to all that Peter brought to the music of St Swithun's. If you would like to make a donation please put in a marked envelope and give to any choir member.

Alpha Course - this has been postponed until later in the year - but do be praying for it and who you could invite.

Bee/bug hotel in the Churchyard - Would anyone like to adopt this and periodically add new items (pine cones, straw, hollow reeds etc) so there is always a variety of settings to meet insects' needs? Please speak to Jean.

Sandford School Scarecrow trail - The scarecrows always brighten up the village for the summer and for many years Graham and I have designed and produced a scarecrow that sits by the Fanny's Lane entrance to the churchyard. As the school is celebrating 200 years this year, the theme is 'School day memories'. Would another family or group like to let rip with their creative juices and take this on? We are gracefully stepping back.

Hub Post - If you do receive the Hub Post, you know you can scan through and find such a variety of things happening around the area. Just this month, there is a modern art show at Newton St Cyres Church, an Arts and Craft Sale with plants at Cheriton Fitzpaine's Church and a rededication of the Edward V window at Coldridge Church with history talks and lunch on the green. If you don't receive the Hub Post and would like to, please email our administrator

Tiffany at northcreedy1@gmail.com.

--- And Finally ---

Over my 25 years at St Swithun's, I have noticed that in the kaleidoscope of 'church', each of our vicars has left a different and precious legacy that has added to our parish family life. Our previous vicar Paul delighted in the Celtic tradition of Christianity and introduced a mid week time of reflective prayer which we continue on a Friday morning. This prayer he taught us has become my favourite start to the day, and as I am on holiday for the rest of the month, when I say these words, I will be back in Sandford in spirit.

I start this day in the presence of God,

in the peace of Jesus,

in the power of the Spirit.

I start this day in the love of the Holy Three,

the mighty Trinity.

Amen.



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