

# THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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## March 30th & April 6th 2025

### Welcome to our newsletter

**Sunday 30th - Mothering Sunday** **NO SERVICE AT ST. SWITHUN'S.** It is the 5th Sunday in the month so there is a joint Mission Community service at Stockleigh Pomeroy at 10.30am. Please try and car share, parking is available in the village hall car park.

**Sunday 6th at 8.30am - Communion at Beacon Church, New Buildings.**

**Sunday 6th at 9.30am - Communion at St Swithun's Church, Sandford.**

**Sunday 6th at 6.30pm - BCP Evensong at Kennerleigh.**

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

### --- Diary Dates ---

**Coffee and Company every Wednesday from 10.30am to 12** - Bring a friend and make new friends while enjoying tea/coffee and lush home made cakes.

**Friday morning contemplative prayer** - 10.30am for a half hour of calmness and serenity.

**Monday 31st - Sandford Storytellers** lead an Easter assembly at Sandford School.

**Tuesday 1st at 11am - Summerhayes communion.**

**Lent Studies** - There are 4 different venues but the same session at each one so if you have to miss your usual time you can join one of the other sessions.

**Mondays** - 7.30pm at Janet's at The Vicarage, Cheriton Fitzpaine.

**Wednesdays** - 2.30pm at Matthew's at The Rectory, Crediton.

**Thursdays** - 2.30pm at Janet's (as above) or 7.30pm at Jean's, 13 Linhay Park, Sandford.

**Fridays** - 2.30pm in The Under Gallery, St Swithun's Church with Jeremy.

The course is 5 weeks long and each stand-alone session lasts about 1 and a

half hours.

**Easter Craft Fair** - Saturday 5th April from 10am to 1pm at the Boniface Centre. Easy parking, over 20 Craft Stalls and delicious refreshments.

**Messiah Concert** - Saturday 5th April at 7.30pm at Holy Cross Church, Crediton. A number of people from Sandford are in the North Creedy Chorale so come along and support them and have a joyous evening. Tickets £10,

### --- Easter Week ---

**Sunday 13th April at 9.30am** - Palm Sunday communion at St Swithun's.

**Thursday 17th at 7.30pm** - Maundy communion service with Washing of Feet and Stripping the Altar.

**Friday 18th at 2pm** - Good Friday Reflection.

**Sunday 20th at 6am** - Sunrise Easter service at Beacon Church, New Buildings.

**Sunday 20th at 9.30am** - Easter Sunday communion at St Swithun's.

### --- Community News ---

**Electoral Roll Renewal** - 2025 is the year when we are all asked to fill in an electoral roll form to indicate '**I belong**' to the churches in this parish. You can fill in an online form by emailing Mandy Tietze our electoral roll officer ([tietzemandy2@gmail.com](mailto:tietzemandy2@gmail.com)) or there are paper copies at the back of all 3 churches. These can be posted into the box at the back of St Swithun's. Please do this by **Monday 7th April**.

**Lent Lunches** - The final Deanery Lent lunch is on **Thursday 3rd April at St Matthew's Church, Cheriton Fitzpaine**, from 12.30pm to 2pm. It is free but generous donations will be welcomed for our colleagues in the Diocese of Jerusalem. Archbishop Hosam says 'My Diocese is bleeding at this time', and is calling on the worldwide Anglican community for prayer and practical support.

**Easter flowers** - Jill asks if anyone would like to contribute towards the cost of Easter flowers in memory of a loved one, please contact her on 01363 774292 or [jill@ashridgefarm.co.uk](mailto:jill@ashridgefarm.co.uk). The church will be decorated on Easter Saturday 19th April from 10.30am. If you can help arrange flowers or provide foliage or flowers, again please contact Jill.

**Trees in the Churchyard** - A big thank you to Mary Hewins who beautifully pruned the rather neglected apple trees in the far churchyard. And a huge thank you to Jonny Butt and his mate Craig who dropped the oak tree which was too near the supporting wall. In one morning with the help of Stephen, Paul, Colin and Dave they felled it, chipped the small stuff, hauled away the branches for firewood and left the main trunk to season before future use. We are always grateful for those who give their time and skills so freely and

generously, thank you everyone. 2 oak saplings have been planted in the far churchyard to replace the felled oaks, where they can grow freely, far away from walls and buildings.

**Dead hedge** - We have used some of the oak branches and apple tree prunings to create a dead hedge at the top of the far churchyard. This is an ideal habitat for a variety of wild life, from hedgehogs to beetles, from birds to bees.

**A Big Thank you** - to Roy who has prepared and repainted the vestry wall by the altar. It was a task full of incident (ask him about it some time!) and the finished job is beautiful. Thank you Roy.

**Bishop's Open Gardens** - The Bishop of Exeter is opening his gardens on Sunday afternoons 30th March and 6th & 13th April from 2pm to 4.30pm. All welcome.

**Alpha** - An Alpha course will be running in the Boniface Centre for 6 Wednesday evenings from 30th April. Over a meal and with a video and conversations, it's a way for anyone to explore the Christian faith. Please start praying about who you can invite to come along.



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