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THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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March 2nd & 9th 2025

Welcome to our newsletter

Sunday 2nd - Communion at 8.30am at Beacon Church, New Buildings. Sunday 2nd - Communion at 9.30am at St Swithun's Church, Sandford. Ash Wednesday 5th March at 7.30pm - Communion and Imposition of Ashes at St Swithun's Church for beginning of Lent Sunday 9th - Communion at 9.30am at St Swithun's Church.

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates ---

Coffee and Company every Wednesday from 10.30am to 12 - Bring a friend and make new friends while enjoying tea/coffee and lush home made cakes. Friday morning contemplative prayer - 10.30am for a half hour of calmness and serenity.

Summerhayes Communion - on Tuesday 4th at 11am. Anyone is welcome to join in.

Women's World Day of Prayer - Friday 7th at 2pm at Crediton Methodist Church this year written by ladies from the Cook Islands with the theme, 'I made you wonderful.' It is inspiring to think that throughout this day, groups of women all over the world will be praying the prayers the ladies from the Cook Islands have written for women everywhere.

Lent Studies - week beginning 9th March. Lent studies will be held in different local venues, including the Home Groups some of us are already attached to. If you have never been part of a home group, this 5 week Lent journey is a wonderful opportunity to travel together towards the cross and Easter. We will be using a book called The Sacraments by Jane Williams.

Please email our administrator Tiffany your preferred options on

northcreedy1@gmail.com (even if you have already spoken to Linda BS or Jean). Venues and days are:-

Cheriton Fitzpaine - Monday evenings and Thursday afternoons.

Crediton - Wednesday afternoons.

Sandford - Tuesday afternoons, Thursday evenings and Friday afternoons.

Deanery Synod Meeting - Wednesday 12th at 7.30pm at the Boniface Centre.

--- Community News ---

Electric lights in church - I mentioned the improved lighting in church since Totterdells have replaced bulbs and the sensors that switch on lights as soon as you enter the main door. Chris has further enhanced safety by the Narrow Door by fitting radar detection bulbs so that there is automatically 30 seconds of light there, going in or coming out. Thank you so much Chris for sorting all this. Incidentally, according to the archives it was 90 years ago this month that the first electric light was installed in the church, not that long ago really! -

Hub Post - This digital or paper monthly newsletter now includes information and events in other parts of Cadbury Deanery including the Crediton area and North Creedy West. If you are not receiving it and would like to, please contact Tiffany on northcreedy1@gmail.com.

Plant Sale on April 26th - I hope the emergence of a brighter and warmer sun recently has inspired all you gardeners. Don't forget to sow and pot on plants in preparation for our Plant Sale and Coffee Morning, just after Easter!

--- And finally --- ELECTORAL ROLL RENEWAL

A message from Mandy Tietze our Electoral roll officer.

2025 is a year when the Church Electoral Roll is completely renewed, rather than just being revised. This means that **everyone** who wishes to have their name entered on the Roll must complete an Electoral Roll Application Form, whether or not it is entered on the current Roll.

In order to be entitled to attend the Parochial Church meeting on Sunday 4th May 2025 and to take part in its proceedings, you must complete and return the form for enrolment by **Monday 7th April** at the latest please.

Electoral Roll application forms will be available at the back of St Swithun's Church, Beacon Church and St Mary's Church and completed forms can be left in the box provided or given to Mandy Tietze.

If you want to fill in the Application Form online, or want any other information, please email Mandy at tietzemandy2@gmail.com





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