

THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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September 22nd & 29th and October 6th, 13th and 20th 2024

Welcome to our newsletter

Sunday 22nd September at 9.30am - Communion service at St Swithun's Church, Sandford when we welcome Janet back.

Sunday 29th - **No service at Sandford.** Communion service at 10.30am in Cheriton Fitzpaine for all the North Creedy Mission Community.

Sunday 6th October at 8.30am - Communion service at Beacon Church, New Buildings.

Sunday 6th at 9.30am - Communion service at St Swithun's.

Sunday 13th at 9.30am - Harvest Festival service at St Swithun's. Come along to sing the familiar harvest songs in the church specially decorated for the occasion.

Sunday 13th at 6pm - Harvest Festival service at Beacon followed by the auction of produce.

Sunday 20th at 9.30am - All Age service at St Swithun's.

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates ---

Wednesdays from 10.30am to midday - Coffee and Company (and yummy homemade cake).

Fridays at 10.30am - Contemplative Time, an oasis of peace in a busy week.

Parish Harvest Supper - Saturday 5th October at the Parish Hall from 6.30pm for 7pm start. **Tickets £12 adults and £6 children from anyone at St Swithun's especially Roy and Elizabeth, and Sandford Stores. So invite friends and neighbours as many and as soon as you can so the caterers have an idea of numbers.** Thank you to all those who have signed up to

provide salads, desserts and draw prizes and to offer all sorts of help.

PCC Away Day - Tuesday 8th from 10am - 2pm. This is an opportunity to spend time together exploring the vision going forward for the 3 churches that make up God's kingdom in the parish of Sandford.

Deanery Synod meeting - Wednesday 16th at 7.30pm at the Boniface Centre.

--- Community News ---

Ride and Stride for DHCT (Devon Historic Churches Trust) - Thank you to all those who travelled from church to church, or popped into St Swithun's for coffee and a chat and also those who provided help or refreshment last Saturday. Over £250 was donated for this charity. Sandford Scouts are joining in by doing a night walk from St Mary's to St Swithun's on Thursday 26th Sept.

Bells - Jim is delighted to report that three new people are learning to ring the tower bells and there is one new hand bell ringer. There's always room for more though!

--- And Finally ---

A church youth group were discussing mental health in teenagers and exploring creative ways to encourage each other's self esteem. In the middle of a beautifully decorated poster one wrote, *'How cool is it that the same God who created oceans and mountains and galaxies looked at you and thought the world needed one of YOU too.'* Hold that close when you have just made a mess of things. As we were reminded at the lovely worship evening on Wednesday with Exeter Network Church, God knows us through and through and just loves us!



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