

THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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August 25th & September 1st 2024

Welcome to our fortnightly newsletter

Sunday 25th - Communion service at St Swithun's Church, Sandford at 9.30am

Sunday 1st September - Communion service at Beacon Church, New Buildings at 8.30am

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Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates ---

Wednesdays from 10.30am to midday - Coffee and Company (and yummy homemade cake).

Fridays at 10.30am - Contemplative Time, an oasis of peace in a busy week.

Monday 26th - Sandford Summer Show is back! At 2pm at the Parish Hall to marvel at the entries, enjoy the judges comments, then sit down for tea and chat with friends. There's also a plant stall and a prize draw.

Saturday 14th September - DHCT (Devon Historic Churches Trust) Ride and Stride. All 3 churches in the parish are open with refreshments available for folk to **walk, jog, ride, cycle or use any other form of transport** to get from one to another. It's between 2.5 and 3 miles from Beacon Church to St Swithuns Church and between 1.5 and 2 miles from St Swithuns and St Mary's Church, Upton Hellions, depending on the route you choose. Donations to DHCT of at least £1 per mile at St Swithun's, cash or card. Help us travel 100 miles on the day!

Also on Saturday 14th - Open Day at St Swithun's from 10am - 4pm to see the plans for the **Community Churchyard Path**. With children's activities, handbells to ring and of course refreshments. Drop in and bring a friend.

Parish Harvest Supper - will be on **Saturday 5th October** so save the date.

--- Community News ---

Janet - 3 weeks after surgery and Janet is making good progress. There is still a long way to go but she can at last stand without her knee being in pain. She sends a big thankyou for all the cards and best wishes.

Home Groups - Whether you were in a group last year or have been meaning to give it a go in the coming year, please make sure you have emailed your details to Laura (see hub post) or filled in a paper copy and left it at the back of St Swithun's. Home Groups will be starting later in September.

Friends - Have you thought about joining the **Friends of St Swithun's, St Mary's and Beacon Churches**? If you want the buildings to be preserved for future generations here is a way you can make a regular donation or by leaving a legacy when you make a will. Do pick up a leaflet in any of the churches.

--- And Finally ---

When we first started taking lay services, over 20 years ago, this was our keynote prayer as it painted such a lovely picture of what we wanted our church to be.

*Heavenly Father, you have welcomed us into your kingdom
and your heart's desire is to draw every human being to yourself.
Grant us clear eyes to see people as you see them,
sensitive feet to stand in their shoes,
and warm smiles to welcome them in your name.
Give us such generous hearts
that our church becomes a foretaste of heaven
where every soul you send us finds their loving home
in the community of your Son our Saviour Jesus Christ.
Amen.*



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