

THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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July 28th & August 4th 2024

Welcome to our fortnightly newsletter

Sunday 26th - Communion service at St Swithun's Church, Sandford at 9.30am - welcome back Janet and we hope you are feeling rested after your break.

Sunday 4th - Communion service at Beacon Church, New Buildings at 8.30am.

Sunday 4th - Communion service at St Swithun's Church at 9.30am followed at 11.15am by a gathering of some of St Basil's Church. It's an honour to be able to offer them a temporary home and it's refreshing to join them in a different form of worship.

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly digital or paper Hub Post.

--- Diary Dates ---

Wednesdays from 10.30am to midday - Coffee and Company (and yummy homemade cake).

Fridays at 10.30am - Contemplative Time, but on Friday 2nd we are using the theme of journeys to take a mini pilgrimage from Shaky Bridge up to St Mary's at Upton Hellions, meeting in the Parish Hall car park at 10.15am. If you want to join in or want more details please contact me (Jean).

--- Community News ---

Janet - Janet's procedure for a new knee is still scheduled for August 1st. Please pray that there are no delays this time and the procedure goes smoothly and she makes a good recovery. She will be out of action during August.

Bounty Table - The bounty table is available each Sunday entirely dependant on us bringing produce and preserves and making cash donations for items we

take. All for Water Aid.

FOSS Scarecrow trail - The theme this summer is the Olympics and Graham Hope has prepared our entry which is near the Fanny's Lane entrance to the churchyard. Scarecrow trail forms are available from the stores and all money raised will go towards FOSS (Friends of Sandford School). We are delighted to support the school in this way and huge thanks to Graham for his creative efforts.

Churchyard Community Path - Stephen our treasurer reports:

'We have now obtained all the relevant planning permissions for the improvements to the paths and with tenders returned we are looking to raise about £95,000 to complete all three phases of the project.

We hope that a significant proportion of that sum will come from grants. We are busy completing applications for these and a big 'must' is to show the importance of this project for the community as a whole.

Any individuals, local societies or organisations that can write supportive endorsements would be very welcome. Similarly any groups wishing to use the Under Gallery for meetings would add strength to our application.

We have already raised over £17,000 with our fund raising over the years but would welcome all ideas and support for future fund raising attempts.'

The plans, information and updates will shortly be on the Church Community Path notice board inside the church.

--- And finally ---

I am reading through the bible chronologically at the moment and have got as far as the life of King David. As a shepherd boy and the youngest of seven sons David was about 15 when the prophet Samuel, at God's instigation, anointed him as a future king. But he was about 30 when he actually ascended the throne. That's a long time to wait for something! In those intervening years he was hunted down by King Saul who developed a violent hatred for him. And it was in that period that he wrote some of his most stunning psalms. Psalm 11 for instance, written while he was in danger of his life.

'I am frightened by the insecurities around me ... There is no escape ... But there is a place of refuge. God is in our midst. He is aware of the fears and apprehensions of his beloved children. He may not always rid us of our fears. But he does promise to face them with us, to make them stepping-stones to faith, to use them to draw us closer to himself...'

(from Psalms Now by Leslie Brandt)



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