



THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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March 17th/24th 2024

Welcome to our fortnightly newsletter

Sunday 17th at 9.30am - All age service with Antonia at St Swithun's Church, Sandford

Palm Sunday (24th) at 9.30am - Communion service at St Swithun's with a welcome back to Janet

Should you want different styles or times of services, the full rota for the Crediton Hub is always pinned up in the church porch or can be found at the end of the monthly Hub Post.

--- Diary Dates ---

Wednesdays from 10.30am to midday - Coffee and Company (and yummy homemade cake).

Fridays at 10.30am - Contemplative Time, an oasis of calm in a busy week. (*Not on Good Friday morning*).

Home groups - afternoon group at 2.30pm on Tuesdays at Linda's and evening group at 7.30pm on Wednesdays at Jean's.

Easter week dates

Mon 25th, Tues 26th, Wed 27th - Compline at 7.30pm at Holy Cross Church, Crediton

Maundy Thursday - Communion with washing of feet and stripping of altar at 7pm at St Swithun's

Good Friday - Silent Walk of Witness at 10am in Crediton starting at St Boniface RC Church

Good Friday - Reflective service at 2pm at St Swithun's

Easter Sunday - Sunrise service at 6.45am at Beacon Church, New Buildings

Easter Sunday Communion - at 9.30am at St Swithun's

--- Community news ---

Thank yous - to Linda G, Jill and Elizabeth who have thoroughly cleaned and re-ordered the cupboards under the sink. To Rosie and Lyn for creating our beautiful Mothering Sunday posies. To everyone who has signed up for cakes for Lewis and Catherine's wedding. And to Stephen and Jean for giving the churchyard its first spring clean of 2024.

Church Porch Decorating - It was on her return from a week away that as Linda BS walked into the porch and looked up, she saw just how dilapidated had become. It has spurred a few of us on to get it scraped down, replastered and painted in time for Easter. As there will be a scaffolding tower there the porch will be out of use but the Narrow Door will be open every day so it will always be possible to enter the church. If you have an hour to spare and can lend a hand please talk to Linda or Jean - remember 'retirement' is not a biblical concept!

Saturday 30th April from 10am - The church will be being cleaned and decorated for Easter Day. If you have suitable flowers and foliage please bring them along. **If you wish to make a donation towards Easter Flowers in memory of a loved one, please speak to Jill.** Do come and join us if you like arranging flowers or polishing silver so that the church looks sparkling and ready for Easter morning.

Saturday 6th April - Coffee Morning from 10.30am to enjoy the Easter decorations with a Bring and Buy stall, cake stall etc Come along and bring a friend.

Medicines and baby items for Ukraine - Elizabeth is still collecting any unused medicines and pills even if out of bb date, to go to Ukraine. However anything for children needs to be within the use-by date - but think of adding items like dummies, Calpol, Sudocrem etc. The need is great and every little helps.

Electoral Roll Forms - This is the time of year when Mandy, our electoral roll officer reviews the register. If you have joined us in the last few months, she may well approach you and invite you to fill in a form. If she misses you please pick up a form from the back of St Swithun's or phone 01363 772236 or email Mandy on tietzemandy2@gmail.com. This applies whichever of the three churches you attend, Beacon, St Mary's or St Swithun's. If you are already on

the register because you filled in a form previously then you need do nothing more. As well as giving you an opportunity to vote at the AGM or be on the PCC, signing a form is your way of saying 'I belong.'

--- And finally ---

You think you have worries and problems? Here's some children's concerns.

'How did you know you were God?' Charlene

'Dear God, Do you know about things before their invented?' Charles

'Dear God, Who draws the lines around the countries?' Nan

'Dear God, Instead of letting people die and haveing to make new ones Why don't you just keep the ones you got now? Jane

Dear God, I am doing the best I can.' Frank

Some days I'm with Frank!



Our mailing address is: pccsandford@gmail.com

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