

# THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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## January 7th/14th 2024

Welcome to our fortnightly newsletter.

**Sunday 7th at 8.30am - Communion at Beacon Church, New Buildings**

**Sunday 7th at 9.30am - Communion at St Swithun's Church, Sandford  
with the Archdeacon of Exeter, Andrew Beane**

**Sunday 7th at 3.30pm - Church Lite, informal gathering at St Swithun's**

**Sunday 7th at 6.30pm - Evensong at Kennerleigh**

**Sunday 14th at 9.30am - Communion at St Swithun's**

Should you want different styles or times of services, the full rota for the North Creedy East Mission Community is always pinned up in the church porch or can be found at the end of the monthly Hub Post.

### --- Diary Dates ---

**Wednesdays from 10.30am to midday - Coffee and Company** (and yummy homemade cake)

**Fridays - Contemplative Time at 10.30am** (an oasis of calm in a busy week)

**Home groups** - evening group on Wednesday at Jean's on 10th January, and daytime group at Linda's on Tuesday afternoon on 9th January.

**Connect Quiz - Saturday 20th January at 7pm at the Boniface Centre**, teams of 6, £10 a quizzier, tickets to include a pasty, cake and drink. All proceeds to support Connect's role supporting youth and schools' work and projects. Why not get a few friends together and go for it! Book in with [wendyanez71@hotmail.com](mailto:wendyanez71@hotmail.com)

### --- Community news ---

**Janet** - Janet, our hard working vicar has had her foot operation postponed until February 9th (due to doctor's strike) and is recovering from covid! She has another week off work but please remember her in your prayers.

**Thank you** - I note with amusement that nowhere in the bible are there guidelines for 'when you retire' because the expectation is that we will all keep on serving and helping each other, our church family and our community! So a huge thank you to everyone on the PCC for all they do to serve us. To Stephen our treasurer, Jim our gift aid treasurer and still heavily involved in ringing and training bell ringing, to Linda BS, Mandy, Colin, to Pamela our Diocesan Synod rep, to Carole and Jean our Deanery synod reps, to Christine the Beacon church rep and Rosamund the St Mary's church rep and to Linda G our PCC secretary. And finally to Chris our hard working church warden a huge thank you to all, for all you do.

**Ukraine collection for babies and children** - Elizabeth is collecting medicines and baby items for Ukraine. Baby's dummies, nappy creams, teething gel, Calpol - any items for children (not clothes). Unwanted medicines for adults, even past their 'best before' date are acceptable. The need, as you can imagine is very great.

**--- And finally ---**

At the beginning of each New Year the Methodist Church renew a traditional covenant prayer to God which traces all the way back to John Wesley. I offer it to you as you step into 2024.

*I am no longer my own, but yours. Put me to what you will, place me with whom you will. Put me to doing, put me to suffering. Let me be put to work for you or set aside for you, praised for you or criticized for you. Let me be empty, let me be full. Let me have all things, let me have nothing. I freely and fully surrender all things to your glory and service. And now, O wonderful and holy God, Creator, Redeemer and Sustainer, you are mine and I am yours. So be it. And the covenant which I have made on earth, let it also be made in heaven. Amen*



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