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# THE PARISH POST

NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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# **November 12th/19th 2023**

Welcome to our fortnightly newsletter.

Sunday 12th November at 10.00am - Remembrance Day service at St Swithun's Church followed at 10.45am by a civic Act of Remembrance in the Square.

Sunday 19th November at St Swithun's at 9.30am - All Age service Should you want different styles or times of services, the full rota for the North Creedy East Mission community is always pinned up in the church porch or can be found at the end of the monthly Hub Post.

Wednesdays - Coffee and Company from 10.30am to midday. Fridays - Contemplative quiet time at 10.30am.

#### --- Diary Dates ---

**Home Groups -** afternoon group meeting on Tuesday 14th and 21st at 2.30pm at Linda's (evening group not meeting until January).

Open the Book Assembly at Sandford School - Monday 20th at 3pm.

**Summerhayes Communion** - Thursday 23rd at 10.30am, everyone welcome.

**Deanery Advent Course** - Thursday 23rd at 7.30pm at the Boniface Centre.

We will be looking at the themes of Hope, Joy, Love and Peace over 4 weeks.

Please sign up if you are going so we can help the environment and car share.

#### Advent/Christmas dates

**Deanery Advent course** - on Thursdays 23rd/30th November, 7th/14th December at 7.30pm at the Boniface Centre

**Christingle service** - Sunday 3rd December at 3.30pm at St Swithun's with Church Lite

Festival of Readings and Carols - Saturday 9th December at 4pm at St

#### Swithun's

School Nativity Play - Thursday 14th December at 11am at St Swithun's Beacon Carol service - Sunday 17th December at 4pm at New Buildings Crib service - on Christmas Eve at 4pm at St Swithun's Christmas Mass - on Christmas Eve at 9pm at st Swithun's Christmas Day Communion - 8.30am at Beacon Church, 9.30am at St Swithun's

### --- Community news ---

**Facebook administrator** - Thank you to Malcolm who has offered to be our administrator.

**Thank you!** ... and this is very coffee related .. thank you to everyone who hosts and bakes so that each Wednesday morning, come rain or shine, we have a wonderful Coffee and Company session with at least two home made cakes on offer; thank you to those who provide refreshments on Sunday mornings after the service; and finally after the Friday prayer and quiet time session thank you to all those who stay and provide all we need to linger and chat over a coffee.

#### --- And finally ---

In a world where we see monstrous, unspeakable images in the news, where closer to home we have friends and family facing painful and uncertain futures, or suffering sudden losses of health, employment and people, these words ground us. They remind us what our attitude must be and also remind us that above and beyond it all is a mightily majestic, yet personally close, God.

People are often unreasonable, irrational and self-centred; forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives; be kind anyway.

If you are honest and frank, people may cheat you; be honest and frank anyway.

What you spend years building, someone could destroy overnight; build anyway.

If you find serenity and happiness, they may be jealous; be happy anyway.

The good you do today will often be forgotten tomorrow;

## do good anyway.

In the final analysis, it is between you and your God; it was never between you and them anyway.

(attributed to Mother Theresa)





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