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# THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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## Sunday 3rd July 2022

A host of choices today! At 8.30am there is Holy Communion at Beacon Church, New Buildings. At 9.30am you can join St Swithun's, Sandford where Laura will take Family Church or go along to St Matthew's in Cheriton Fitzpaine at 10.30am for Holy Communion. Finally as the day draws to a close you can join the congregation at John the Baptist Church, Kennerleigh for Evensong.

**Wednesday 6th** - Coffee and Company from 10.30am - midday.

**Friday 8th** - Reflective Prayer from 10.30am -11am

### -- Community News --

#### **PCC Meeting - Monday 4th July at 7.30pm**

The PCC will be meeting in the Under Gallery, if you have any items for them to consider please email Naomi ([naomicjharris@gmail.com](mailto:naomicjharris@gmail.com)). If you should wish to know what was discussed at a previous PCC meeting, again email Naomi and she can send you a copy of the minutes.

#### **Songs of Praise - St Swithun's patronal festival - 17th July at 9.30am**

Do you have a favourite hymn or Christian song? Then please email Chris our Church Warden ([catucker@btinternet.com](mailto:catucker@btinternet.com)) with your choice and it may well be one of the chosen ones we sing. We are delighted that our special friend Richard Stephens is able to accompany us on the organ for this service.

#### **Choir**

Thank you to the choir who have begun assembling and singing together from the Gallery for our communion services on the 2nd and 4th Sundays when we have our wonderful regular organist James Cookson. Choir - it's lovely to have

you back!

### **Churchyard steps**

Wow! Thanks to Jim, Jill, Roy (a double shift), Mary Rose, Stephen and Jean - The Green Gym Crew - for a fabulous clearing job of the main steps. We have also been able to acquire some more white vinegar so Jim will be able to keep them weed free now. Proper job!

### **Key safe code**

Chris has had to change the code of the key safe in the flower cupboard. If you need to know the new code, just contact Chris (catucker@btinternet.com or 772823).

### **Scarecrow trail**

Does anyone have **a piece of mdf about 1.5m x1m** that Graham could use for our Scarecrow trail entry please? So now is the perfect time to get to the back of your shed and sort out what is there! We can collect it. (phone 777448)

### **Crediton Foodbank**

Needs this week are **any tinned vegetables, squash and cereals** which you can leave in the church porch or in any of the supermarkets. Thank you to those of you who so generously support the Foodbank.

### **-- And Finally --**

Here are some wonderfully encouraging words written by Archbishop Desmond Tutu on his retirement on his 79th birthday in 2010. They could have been written for today!

*Dear Child of God, I write these words because we all experience sadness, we all come at times to despair, and we all lose hope that the suffering in our lives and in the world will ever end. I want to share with you my faith and my understanding that this suffering can be transformed and redeemed. There is no such thing as a totally hopeless case. Our God is an expert at dealing with chaos, with brokenness, with all the worst we can imagine. God created order out of disorder, cosmos out of chaos and God can do so always, can do so now ... in our personal lives and in our lives as nations, globally ... Indeed God is transforming the world now - through us - because God loves us.*

Or if music is more your thing listen to **Look Up Child** by **Lauren Daigle** which

is the same theme.

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