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THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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Sunday 12th June 2022

Welcome to our service of Holy Communion at 9.30am at St. Swithun's Church, Sandford. In our reading today from Acts chapter 4, two of the disciples are arrested for preaching about Jesus - and there are many places in the world where that still happens.

Wednesday 15th - Coffee and Company from 10.30am - midday.

Friday 17th - Reflective Prayer from 10.30 -11am

-- Community News --

Archdeacon's Visitation - Wednesday 15th, 7.30pm at Holy Cross Church

This is the evening when traditionally the Archdeacon checks the accounts of the churches, that all their fabric and fittings are in good order and most importantly, that officers such as Church Wardens are sworn in and prayed for. It has happened via Zoom the last two years so how great to meet in person and support our Church Warden Chris Tucker. Do come along.

Vision and Values Day - June 25th 9.30am - 4pm at Sandford Parish Hall

From early days the church has gone 'on retreat', setting aside time to spend together away from the world's busyness and to ask God for his vision for the future. The world has since copied this idea and you can now go on mindfulness weekends, or days devoted to your favourite leisure pursuit from opera to bird watching to sport. Such an awayday has not been part of the culture of St Swithun's but now everyone in each church in the North Creedy East area, not only the PCCs, is invited along to listen, to study, to chat, to hear from God and as Janet said 'to dream a little'. If you wish to join in please email Laura at Innarmstrong@gmail.com.

Crediton Foodbank

Requests to fill the gaps on the shelves this week are tinned meat meals and loo rolls. If you should ever need to contact Steve Gill the coordinator, the number is 07740 202721.

-- And Finally --

At the moment on Sundays with Janet we are looking at how the early church grew and developed as recorded in the book of Acts. My own readings this morning happened to include this reflection on church - do you agree? are there other reasons you would add?

Here are some of the reasons I go to church: because I can't love God till I know he loves me; to know who I am and where I belong; because the Bible tells me to; to reflect on the week and see it through God's eyes; to gain hope and strength for what is ahead; to learn how to live and how to die; because the church is less when I am not there; because we are one body; because everyone belongs; and because he is there. (Emma Scrivener from Inspiring Women Every Day - May/June 2022)



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