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THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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1st May 2022

Welcome to our various services this Sunday.

At 8.30am there is the monthly Communion service at Beacon Church, New Buildings with Revd Brian Shillingford.

At 9.30am at St Swithun's Church, Sandford join us for Family Church with our priest Revd Janet May.

And at 6.30pm at John the Baptist Church, Kennerleigh a traditional Evensong gently but beautifully brings Sunday to a close.

Wednesday from 10.30am - Coffee and Company. Drop in to the Under Gallery for coffee or tea and yummy home made cake in the best of company. Bring a friend!

Friday at 10.30am - Reflective Prayer at St Swithun's, a half an hour of calm and quiet. Then do come down to The Lamb for coffee afterwards.

-- COMMUNITY NOTICES --

Revd Charles Edwards

There will be a memorial service celebrating the life of Charles Edwards, a former vicar of Sandford, on Wednesday 4th May at 3pm at St Swithun's Church.

Crediton Food Bank

Thank you so much to those who regularly support the Food Bank. Items running low are **tinned tomatoes and tomato based pasta sauces**. Now that it is a charity you can choose to support it financially and the Food Bank will be able to claim Gift Aid. This enables them to assist folk with their utility bills as prices rise. Remember there is always someone on hand to offer advice on

budgeting and dealing with debt.

Parish Hall plant sale - Saturday 7th May

Just a reminder to pot up seedlings and take cuttings of anything you can offer for our St Swithun's stall at the plant sale next week. Please label any offerings - although Ann (Houlston) is helping and she has encyclopaedic plant expertise! If you need your plants collecting, please contact me (Jean) on 01363 777448.

Annual Parochial Church Meeting (APCM)

The **APCM** will take place next Sunday 8th May at 11.00am after the service in the Under Gallery at St Swithun's. As usual we will elect churchwardens and PCC members. In all cases, anyone on the Church Electoral Roll who is a communicant and willing to be nominated can stand for election.

Electoral Roll

The 2021 Electoral Roll for St Swithuns, Beacon and St Mary's Churches has been revised and a copy is available to read in the porch of St Swithun's church. Any queries please contact Mandy Tietze on 01363 772236.

-- AND FINALLY --

In Your Prayers

- * Pray for Chloe and Hayden getting married on Saturday that their marriage will be strong and happy.
- * Pray for local agencies that support those struggling with bills and daily living - like the Food Bank, CHAT (Churches Housing Action Trust) and CAP (Christians against Poverty), remember too those that use and are helped by these services.
- * Remember also to be thankful. This week we can thank God for Gordon having received a diagnosis for his long and puzzling ill health, for a lovely morning at a busy Coffee and Company session and for the beautiful blossom and flowers in gardens and orchards.

In fact let's ask God to help us cultivate a daily 'attitude of gratitude'. It does more than lift our spirits, it refocuses our hearts on our good God and opens the door to his blessings.



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