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# THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

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# 24th April 2022

Welcome to our 9.30am Communion service at at St Swithun's Church, Sandford led by curate Lewis Eden. We are also presenting a gift to Peter Allsop in recognition and thanks for his many years as choir master and music maker in the parish. If you would like to contribute towards the gift but haven't been able to, please see Stephen.

**Wednesday from 10.30am - Coffee and Company.** Drop in to the Under Gallery for coffee or tea and yummy home made cake in the best of company. Bring a friend!

**Friday at 10.30am - Reflective Prayer** at St Swithun's, a time of calm and quiet, join us and be refreshed. Then do come down to The Lamb for coffee afterwards.

#### -- COMMUNITY NOTICES --

### St Matthew's Church, Cheriton Fitzpaine - Sunday 24th April at 7pm

The Friends invite you to a concert with Clive Carroll 'the most original acoustic guitar player in Britain' in aid of their 'Raindrops keep falling on our head' roof appeal. Tickets (£10 adults) include bar and refreshment, doors open 6.15pm - bring your own cushion!

#### **Easter**

Thank you to everyone who helped prepare the churches and the services for Easter. The outdoor sunrise service at Beacon was quite special with a full moon setting in the west as the pink rays of the sun tinted the east. Then later at St Swithun's, Janet celebrated Easter again with a full church and it was a joy to actually go up to the altar rail and receive full communion.

## **Coffee and Company**

Linda, Suzie and I were very encouraged by the first coffee morning on Wednesday, lots of folk dropped in and the atmosphere buzzed. Do think if you can invite or offer a lift to someone who would enjoy it.

#### **Crediton Food Bank**

Thank you so much to those who regularly support the Food Bank. Items running low are **squash**, **biscuits and sugar**. Now that it is a charity you can choose to support it financially and the Food Bank will be able to claim Gift Aid.

# Parish Hall plant sale - Saturday 7th May

Just a reminder to pot up seedlings and take cuttings of anything you can offer for our St Swithun's stall at the plant sale in two weeks' time. Please label any offerings - although Ann (Houlston) is helping and she has encyclopaedic plant expertise!

# **Annual Parochial Church Meeting (APCM)**

The **APCM** will take place on Sunday 8th May at 11.00am after the service in the Under Gallery at St Swithun's. As usual we will be electing churchwardens and PCC members. In all cases, anyone on the Church Electoral Roll who is a communicant and willing to be nominated can stand for election.

#### -- AND FINALLY --

#### **In Your Prayers**

- \* Pray for the family of Chris Gill whose funeral is on Monday at 2pm.
- \* Pray for those we know around us who are unwell in body, mind or spirit that they would know wholeness and healing. We particularly remember Carole, Keith and Gordon.
- \* Continue to remember Ukraine and the whole tragic situation.

And through this first week after Easter here is a wonderful Easter blessing:-

The God of life go with us.

The Risen Christ beside us.

The vibrant Spirit within us.

Alleluia! He is Risen!

Amen.





Our mailing address is: pccsandford@gmail.com

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