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# THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

## 23rd January 2022

**Welcome to Holy Communion at St Swithun's Church, Sandford at 9.30am.** Both the readings today cause us to think about our spiritual heritage. We will forever be thankful for the ordinary saints who have kept the light of the gospel alight in our parish. But we mustn't let the way they did things deafen us from hearing what God is saying now about how to prepare and change for the future.

**Sunday's Readings:** Nehemiah 8:1-3, 5-6, 8-10; Psalm 19; 1 Corinthians 12:12-31; Luke 4:14-21.

**Friday 28th - Reflective Morning Prayer at 10.30 at St Swithun's**

Mid week prayer is starting up again (unavoidable hiccup last week, sorry!) so do join us for half an hour of calm and quiet - restoration for the soul.

### -- COMMUNITY NOTICES --

**Sandford Wassail - Saturday 22nd at 6.30pm in the Square**

If you want to do something lively on Saturday evening, wear wellies and warm clothes, grab a torch and something noisy and meet in the Square where after some refreshment and entertainment Barney will lead you to a chosen orchard for the noisy wassailing ceremony. It will be so good (post-lockdowns) to see the Scouts, Cubs and Beavers taking part during the evening.

**Week of Prayer for Christian Unity - until the 27th**

I imagine the concept of Christian Unity a bit like a stained glass window. All the different streams of Christian expression ( and we have Anglican, Methodist, Congregational, Catholic and Quaker all within a few miles of us) when working

together don't lose their individual identities but make God's kingdom a place of variety and colour, of respect and love.

### **MAF - Sunday 30th**

We are delighted to welcome back Luc from MAF (Missionary Aviation Fellowship) who will update us on their present work. There will be a dedicated offering (cash please) after the service. And don't forget we collect new or used postcards which are sold to support this charity.

### **Licensing of Revd Janet May - Tuesday 8th February at 7.30pm**

It will be a joy to host this service welcoming Janet to her role as priest to Sandford and the North Creedy East churches. Representatives will be invited from each church as well as Janet's family and various dignitaries so space may be limited. However it would be lovely to see as many Sandford folk as possible, so if you wish to attend please let me have your name asap. This is strictly a 'first come, first served' list!

**Please let Chris and Linda know if you can offer any help preparing for or on the evening eg removing everything stored in the seats so every pew is clear, helping steward and welcome on the evening, serving refreshments etc**

### **Crediton Food Bank**

Needs at the moment are UHT whole milk and semi skimmed milk and tinned fruit and tinned custard. Please leave in the box in St Swithun's porch.

### **Hilary Haddleton**

Some of you may know that Hilary saw in the New Year in a slightly different way by falling and breaking her hip. We are delighted that she is now home from hospital and we are praying for a speedy and complete recovery and for John and the family as they are all helping in her convalescence. We miss you both at church!

**-- AND FINALLY --**

### **In your prayers**

\* Pray for Christian unity locally, in our nation and around the world. That we affirm with joy what we have in common and celebrate what we do differently. That as Jesus prayed, our love for each other would prove to the world that we are his disciples.

- \* Pray for Revd Janet May's licensing in two weeks' time. Pray for the arrangements beforehand and for the actual service that there will be a strong sense of Janet being called and chosen for this role.
- \* Pray for healing and wholeness in body, soul and mind for any you know and in our parish who are unwell.
- \* Finally be thankful to God for all the many, many ways we have to keep healthy - fresh air and clean water, access to good functioning emergency services. Other people wearing masks in busy places to keep us safe. All through the day we have opportunities to be grateful, to smile!



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