

THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

27TH JUNE 2021

Welcome to Holy Communion at St Swithun's Church, Sandford at 9.30am and today we welcome our visiting priest Tom Honey to take our service.

BOUNTY TABLE – THANK YOU

The bounty table is in the under gallery and an incredible variety of salads, plants and preserves turn up each week. Thank you all for making this such an Aladdin's Cave for gardeners! It is **cash only** so please leave your donation in the pot provided. The PCC have decided to again support **Water Aid** via the Bounty Table so please continue to bring goods and donate generously.

CREDITON FOODBANK AND CHAT

Crediton Foodbank is very excited to be partnering with CHAT (Churches Housing Action Team) and starting a new debt and money advice service in Crediton in July. At the moment there is no Citizens Advice office in Crediton so this is really good news. CHAT are looking to recruit volunteers to support this work on Tuesdays and would welcome applications for anyone able to commit to one day or half a day per week. Please email Chris, Foodbank Coordinator, at creditonfoodbank@gmail.com for more information or contact CHAT through their website to express your interest: <https://chatmid.org/volunteering-with-chat-1/>. Full training will be given and people will work in pairs.

CREDITON FOODBANK

This week the foodbank is running low on **squash, crisps and tinned tomatoes.**

CHURCH GATE AND WALL

Now that the gate has been rehung, Nigel Millington has been working on repairing and repointing the wall. While weeding the Fanny's Lane path this week it was great to also observe Nigel's skills in rebuilding the wall. It is all looking better than new!

CHURCHYARD DISRUPTION

During the coming week a new oil tank will arrive in the churchyard and there will be a certain amount of ongoing disruption within and without the church as the old one is dismantled, concrete is laid for the new one and work proceeds to restore our heating system. There will also be some work on the roof replacing various tiles that have been dislodged by previous storms. Please be aware when walking through the churchyard that workmen may be busy.

HOME COMMUNION SET

When for whatever reason someone can't get to church, a priest will take communion to them and they are able to share being part of the church family. As we are in a vacancy, our Rector Matthew was concerned that parishioners in Sandford don't miss this. Jean Hope has been trained by Revd. Jenny Francis to take Home Communion but we don't have a Home Communion set at St Swithun's. Matthew has found one that would suit our needs for £190. If anyone would like to make a contribution towards this set we now have online banking (thanks to our new Treasurer Stephen Miller). The bank details are **PCC Sandford & Upton Hellions**, sort code **30-93-14**, account number **03621548** and mark the reference **Homeset**. Alternatively let Stephen have your gift.

SIDESPEOPLE

One of the hallmarks of St Swithun's is the sunny welcome you receive as you arrive for a service. Would you like to join the ranks of sidespeople? A smile is the main criteria and in normal times also giving out hymn books and showing new folk to a seat. Please see either the churchwardens Linda and Chris or talk to Rita who draws up the rotas.

RONALD AND MARY ROSE

Ronald collapsed and was suddenly taken into hospital a few days ago. He is thankfully now home and seems fine. Ronald and Mary Rose want to thank everyone for their calls and cards, offers of help and best wishes during this time. Do continue to pray for them.

SUNDAY'S READINGS: Wisdom of Solomon 1:13-15, 2:23-34; Psalm 30; 2 Corinthians 8:7-15 and Mark 5:21-43.

If you do nothing else this week, do read the two intertwined stories in Mark's gospel of Jesus raising a 12 year old girl from dead and healing a woman from a lifelong 'issue of blood.' Both these

stories are deeply moving and strip away any sophisticated or puzzling matters of theology to a simple matter of faith. Faith in Jesus and the goodness of God. In the end that's all this frightened woman and desperate dad had to offer and it was enough to change their lives forever.

Heavenly Father, chip away from your Church all the built-up layers of complacency or despondency, of over-comfortable familiarity and under-active expectation – until we see again with the freshness and wonder of deepened faith. Amen.

**IF YOU WOULD LIKE TO RECEIVE THIS WEEKLY NEWSLETTER REGULARLY, PLEASE EMAIL
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