

THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

20TH JUNE 2021

Welcome to Holy Communion at St Swithun's Church, Sandford at 9.30am and today we welcome our Rector, Matthew Tregenza who will take our service.

BOUNTY TABLE – THANK YOU

The bounty table is in the under gallery and an incredible variety of salads, plants and preserves turn up each week. Thank you all for making this such an Aladdin's Cave for gardeners! It is **cash only** so please leave your donation in the pot provided. This year the proceeds will go towards church funds.

PCC MEETING – TUESDAY 22ND JUNE AT 7.30PM

The PCC are meeting in person again at St Swithun's so let's remember them in prayer this week as the new team get together and as Covid restrictions continue to make some ordinary tasks more complicated than they need be.

CELEBRATION PARISH WALK AND CREAM TEA – SATURDAY 26TH JUNE - POSTPONED

This event will definitely happen, but later in the summer. It gives you a bit more time to think of a draw prize you could offer!

CREDITON FOODBANK AND CHAT

Crediton Foodbank is very excited to be partnering with CHAT (Churches Housing Action Team) and starting a new debt and money advice service in Crediton in July. At the moment there is no Citizens Advice office in Crediton so this is really good news. CHAT are looking to recruit volunteers to support this work on Tuesdays and would welcome applications for anyone able to commit to one day or half a day per week. Please email Chris, Foodbank Coordinator, at creditonfoodbank@gmail.com for more information or contact CHAT through their website to express your interest: <https://chatmid.org/volunteering-with-chat-1/>. Full training will be given and people will work in pairs.

CREDITON FOODBANK

This week the foodbank is running low on **cereals, biscuits and toilet rolls**. Don't forget little treats like individual jellies for children or a box of chocolates for adults. They say 'We do care'.

CHURCH GATE

You will see that the gate has been restored and hung at the Fanny's Lane entrance. A big thank you to Sandford Square's resident blacksmith Simon Ridley who has done a super job.

WEEDS AND COBBLES

Weeds grow – almost as fast as we have cleared cobbles they pop up again behind us! Mindful of the environment we have been searching for a safe way of keeping the paths clear. Then the ever resourceful Jim found this recipe for weedkiller and it seems most effective. To 1 gallon of white vinegar add half a cup of table salt and 2 tablespoons of washing up liquid. Use an empty spray bottle or a watering can with a fine rose spray. Apply when the sun is shining.

IN YOUR PRAYERS

- Pray for the work of CHAT as it plans to support the Crediton area, pray that people are prompted to respond for training and pray for people stuck in debt and homelessness.
- As we continue in lockdown for a few more weeks, pray for businesses and individuals who are struggling, and events that have had to be postponed again.
- Following news headlines there are so many items one could choose to pray into, I'm going to pick modern slavery and coercion such as sex trafficking and county line gangs.

SUNDAY'S READINGS: Job 38:1-11; Psalm 133; 2 Corinthians 6:1-13; Mark 4:35-41.

'What kind of person is this? Even the wind and waves obey him.'

Today's gospel reading tells the familiar story of Jesus calming the storm. Take a moment to imagine being in that scene, in a little wooden boat while waves overwhelm and the wind screams wildly .. and then a word from Jesus and all is silent and peaceful. Having seen that sort of power how would we react to Jesus from then on? How do we react to him now? The reality of the awesome power of

God should stop us in our tracks in utter wonder and adoration.