

THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

30TH MAY 2021

Welcome to St Swithun's Church, Sandford at 9.30am for Holy Communion led by our Rector Matthew Tregenza from Holy Cross.

BOUNTY TABLE

Bert and Margaret Jewell are running the bounty table which is in the under gallery. It will stock its usual share of seasonal salads, vegetables, plants and preserves, so please bring any surplus if you wish to donate. It is cash only so please put your donation in the pot provided. This year the proceeds will go towards church funds.

THANK YOU PCC

A big thank you to all our PCC, to Linda and Chris our churchwardens, to Stephen our treasurer, Jim our Gift Aid treasurer, Colin our safeguarding officer, Pamela our Diocesan Synod rep, Mandy our electoral roll officer, Carole and Jean our Deanery Synod reps, to Mike our Beacon rep and to Rosamund our St Mary's rep. Thank you too to Naomi who has agreed to be our PCC secretary. Chris and Linda are officially sworn in by the Archdeacon on July 7th at Holy Cross Church by which time we hope churches will look less like police crime scenes and anyone can go along and join them and sit next to anyone they like!

ST BONIFACE DAY – JUNE 5TH

This is the 2nd year that Holy Cross have not been able to hold their wonderful Flower Festival. However they do invite everyone to join them to celebrate the Patron Saint of Devon, Boniface. There will be cream teas in the Boniface Centre to eat in (socially distanced of course) or if sunny to take out and eat in the churchyard. The church will be open and there will be live music to enjoy.

CREDITON FOODBANK – THANK YOU FOR YOUR CONTINUED SUPPORT

The Foodbank boxes are in the church porch for anyone wishing to donate. The items really needed right now are: **washing up liquid, long grain rice and tinned custard**. If you want to make a cash donation, which goes towards buying fresh produce to supplement the food parcels the details are: Crediton Foodbank, sort code 40/20/30 and a/c no. 12600641.

SANDFORD SCHOOL SCARECROW TRAIL – TOYS TAKE ON THE CIRCUS

The Open the Book team are taking on the scarecrow challenge this year with the theme **Noah and his Performing Animals**. Obviously we can't use soft toys as we would when tellinthe story of Noah at school so we are looking for any animals of wood, stone, plastic etc that can spend the summer outdoors. Please contact me (*Jean*) if you can loan us any creatures from your garden, preferably a pair but not necessarily, as soon as possible.

TEA AND TODDLERS

This much-missed time for mums/carers and preschool children could squeeze in a couple of sessions before the end of the academic school year. But Peter and Rosanne are stepping back from running it and are looking for someone else to volunteer to organise it. There already is a rota of people to assist, thorough hand over notes, all the toys and equipment necessary, and a huge amount of good will - it just needs someone to take ownership. Please think if that could be you, or someone you know.

PAUL'S EPISTLES AND SERMONS

Stephen is already close to a re-print of this lovely little book. If you would like a copy please let him know as soon as possible stephenwmmiller@gmail.com or phone 776552.

SUNDAY'S READINGS: Isaiah 6:1-8; Psalm 29; Romans 8:12-17; John 3:1-17

Today is Trinity Sunday as all today's readings testify. The concept of the Trinity, God being three in one and one in three, is one I am both fascinated and mystified by. A few years ago a book called *The Shack* by Paul Young was all the rage and critics treated it like marmite (they loved it or loathed it). I found it helped me understand the idea of relationships, personalities even, between God the Father, God the Son and God the Holy Spirit. The spiritual world around us is every bit as real as the physical one we are in touch with all the time, it's a case of tuning into it.

IN YOUR PRAYERS

- Pray for children and young people, their teachers and helpers as they enjoy their half term break.
- Be thankful for the many volunteers in our community and church who so willingly give of their time to do things and help others and make this such a lovely place to live.
- So many wonderful charities both local and international have faced a serious dip in funds due to Covid restrictions, support them in any way you can both practically and prayerfully.

A trinity prayer to end with:-

*Glory be to the Father, and to the Son, and to the Holy Spirit,
as God was, and is and shall be for ever.*

Amen