

THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

24TH NOVEMBER 2019

A warm welcome to our communion service this Sunday, when we particularly reflect on Christ the King. We meet at 9.30am at St Swithun's Church, Sandford and we encourage you to join us for refreshments afterwards.

REFLECTIVE MORNING PRAYER – every **Wednesday** at 9.00am at St Swithun's

TEA AND TODDLERS – FRIDAY 29TH NOVEMBER AT ST SWITHUN'S

Do come along to this regular Friday morning for preschool children and their parents/carers. The coffee and tea are always good and there is always lively chat with adults or fun things to do with children. Peter and Rosanne are the unsung heroes who organise Tea and Toddlers and if you are interested in supporting them and joining the rota, they would love to hear from you.

RONALD'S RENOWNED CHRISTMAS PUDDINGS

This Sunday, the last before Advent, is sometimes called Stir Up Sunday – so it's a good opportunity to give a last call to anyone wanting one of Ronald's famous 1lb Christmas puddings (including gluten free) to let him know. There is a suggested donation of between £8 and £10, all proceeds to Water Aid. (Tel: [772421](tel:772421))

SANDFORD CONGREGATIONAL CHURCH CHRISTMAS TREE FESTIVAL – DECEMBER 13TH-15TH

We will be decorating a tree with stars, big and small, sparkly and matt, multi-coloured and plain, fabric and card, 2D and 3D ... you get the idea. If you have any tree decorations that are star related and you are willing to loan them, please let Linda BS know.

GIVING MACHINE

Black Friday or not, if you shop online don't forget about 800 on-line stores participate in this scheme. PCC Sandford & Upton Hellions is registered on the site so to find out how you can register as a Giver, go to Giving Machine website www.thegivingmachine.co.uk.

THANK YOU

A big thank you to our treasurer Keith and Gift Aid treasurer Jim who between them keep our accounts transparently in excellent order. We are most fortunate to have them in role. Thank you too to Rita who draws up our monthly rotas to make sure we all know what's what!

CREDITON FOOD BANK

Thank you to all who regularly support the food bank, either at the supermarkets or by leaving items at St Swithun's. Please don't stop, the need hasn't declined. And it's definitely OK to put in some festive extras at this time of year!

BIRTHDAY WISHES

A very Happy Birthday to Hilary on Thursday.

FOR YOUR PRAYERS

- This Sunday before the start of Advent, is also known as Christ the King. Ask God to help you explore the idea of what it means in your daily walk to be the child of a King.
- Pray for those ill or unwell in any way that they will know comfort of body, peace of mind, freedom from fear and an assurance that God cares.

SUNDAY'S READINGS – JEREMIAH 23:1-6; PSALM 46; COLOSSIANS 1:11-20; LUKE 23:33-43.

Christ the King. Kingship, royalty, majesty – these words summon up certain images for us, whatever our culture. Our readings today remind us that Jesus died by crucifixion between criminals, yet is the anointed King of all creation and in him all things come together, are reconciled! Find time this week to think that bizarre thought through. Does it change how you think about yourself? Does it change how you see God?

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