

THE PARISH POST

WEEKLY NEWSLETTER OF SANDFORD, NEW BUILDINGS AND UPTON HELLIONS CHURCHES

10TH NOVEMBER 2019

A warm welcome on Remembrance Sunday to our Parish service of Remembrance at 9.45am at St Swithun's Church when we will be joined by the uniformed organisations. This will be followed at 10.45am by the Act of Remembrance in the Square with the 2 minute silence.

REFLECTIVE MORNING PRAYER – every **Wednesday** at 9.00am at St Swithun's

MARGARET'S CHARITY COFFEE MORNING LAST SATURDAY

What a trooper Margaret is! Despite pouring rain and a power cut, people came, spent money, ate cake and had a laugh and Margaret's candle-lit coffee morning was a wild success. £366 was raised and will be shared between Exeter Force and Breast Cancer. Well done Margaret.

PCC MEETING – TUESDAY 12TH NOVEMBER AT 7.30PM

The last PCC meeting of the year will be in the Under Gallery at St Swithun's. Please let Rosanne know if you have any items for AOB.

CHRISTMAS SHOE BOXES – TUESDAY 12TH NOVEMBER

Margaret and her team will be packing from 2pm. If you can help with packing, please let her know. If you would rather donate money that would be very welcome - but please give that to Margaret rather than leave it in the box.

A CHRISTIAN PERSPECTIVE ON CLIMATE CHANGE – WEDNESDAY 6TH/13TH/20TH/27TH

Rev Helen Drever is leading a four-part course through November entitled 'Tenants of the King' which explores what the Bible has to say about today's climate crisis. It is from 7.30-9.00pm in the Boniface Centre.

TEA AND TODDLERS – FRIDAY 15TH NOVEMBER FROM 9-10.30AM

This morning for pre-school children and their parents and carers at St Swithun's is a great way to drink nice tea or coffee, finger paint, eat yummy snacks and play with ride-on toys. So you know you will be very welcome whatever your age!

FROM STAINED GLASS TO SHEEP, A WINDOW ON MY LIFE – FRIDAY 22ND NOVEMBER AT 7.30PM

The Friends of St Swithun's, St Mary's and Beacon Churches have invited Penny Somerville to give an illustrated talk about her interest and work creating stained glass. This unique evening is at St Swithun's, tickets on the door £5 with refreshments.

RONALD'S RENOWNED CHRISTMAS PUDDINGS

Once again Ronald is making a limited number of his famous 1lb Christmas puddings (including gluten free) so is taking orders. There is a suggested donation of between £8 and £10, all proceeds to Water Aid. (Tel: [772421](tel:772421))

KNITTED CHRISTMAS PUDDINGS

Yes Margaret has been knitting again and her Christmas puddings with a hidden chocolate are on sale from Margaret herself or via the shop. A donation of at least £2 per pudding.

THE GIVING MACHINE

If you do a lot of online shopping, at Christmas or any other time, do remember to use the Giving Machine which generates extra money for your nominated charities. **PCC Sandford & Upton Hellions** is registered on the site and has benefitted from shoppers remembering to use it. If you have not yet registered as a Giver, go to the website www.thegivingmachine.co.uk or ask Jim King to talk you through it.

CREDITON FOOD BANK

The food bank always needs your help for groceries, toiletries and household cleaning items. Please leave donations in the boxes at the back of St Swithun's or in the Food Bank containers by the tills at Morrisons or Tesco.

BIRTHDAY WISHES

A very Happy Birthday to Tracy (again!) on Friday and Pamela L and Malcolm on Saturday.

FOR YOUR PRAYERS

- On Remembrance Sunday, as we remember and thank God for those men and women who laid down their lives for our country in previous wars, remember too those serving in the armed forces today and particularly those in conflict situations.
- In a world where events in 2019 have continued to expose deep divisions in many countries, pray for those in our community who are angry and disillusioned with society, who are struggling to pay bills or find work or who have no hope about their situation.

Remembering.

Eighty years ago my aunt (Mo) was born in Walworth, South London. A few months later war was declared and her older siblings – my mum (then 8) and her brother aged 11 - were evacuated to Devon. They were welcomed by my grandfather's family onto their farm at Trew on the edge of East Village. When the blitz began they begged my London grandmother to come with her baby to the safety of Devon and she eventually agreed, although as a Londoner she was very suspicious of the countryside. The night after her arrival the two families stood outside the farmhouse which is on top of a hill, and watched in horror as the sky lit up to the south of them and Exeter burned in its bombing raid. Deciding that if she was going to be near bombs it might as well be in a place she knew, my London grandmother returned with Mo on the next train back and stayed in Walworth through the rest of the war.

I tell this story because most of us still know people who lived through WW2 and have their own memories, a story to tell, a unique experience which is worth sharing. So do ask them, it's a collective history, part of our common heritage.

Graham has been trying to find the stories that go with the five Sandford men who died in the Second World War, and you can read about them on the display boards in the church later on this month.

They are Harold Lee, Bertram H Smith, Edward de Lisle Carey Norrish, William John Sing and Frederick Cann. If you have any stories about them or other WW2 memories, do share them.

If you wish to receive this weekly newsletter by email please contact Jean on fran.hope@btinternet.com

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